



How to make a baby giggle and gurgle

By Dr. Ashley Ng

Have you even tried to make a baby laugh? What can you do if a baby won't stop crying? Expert Nanny Dr. Ashley Ng will give us some tips on how to make a baby giggle and gurgle.

9 tips to make a baby laugh:

1. Tickle the baby on the tummy, under the arms or on their feet. Your baby will squeal with delight.
2. If your baby is howling and won't stop, pretend to sneeze and watch him or her calm down and laugh.
3. Sing a song to the baby and the baby will be happy and will giggle and gurgle.
4. Play hide-and-seek or peekaboo with the baby. He will jump with joy.

Creative, lovely work, Ashley. ☺

5. You can try to tear paper and pretend to cough at the same time. The baby will squeal with delight.
6. When you stick out your tongue the baby will be so happy that it will scream out loud.
7. If your baby is unhappy and grumpy, tell him a baby gag or a story. This will also calm him down.
8. If your baby is crying, try to cry even louder than the baby. He will be happy again soon.
9. If you want the baby to be happier, try pulling a funny face for them. They will love it.

About the author

Dr. Ashley Ng (PhD) is a British registered Nanny Expert. She is married and has 5 children. She is an expert in taking care of children and changing diapers. For more information, visit www.nannyashley.com

